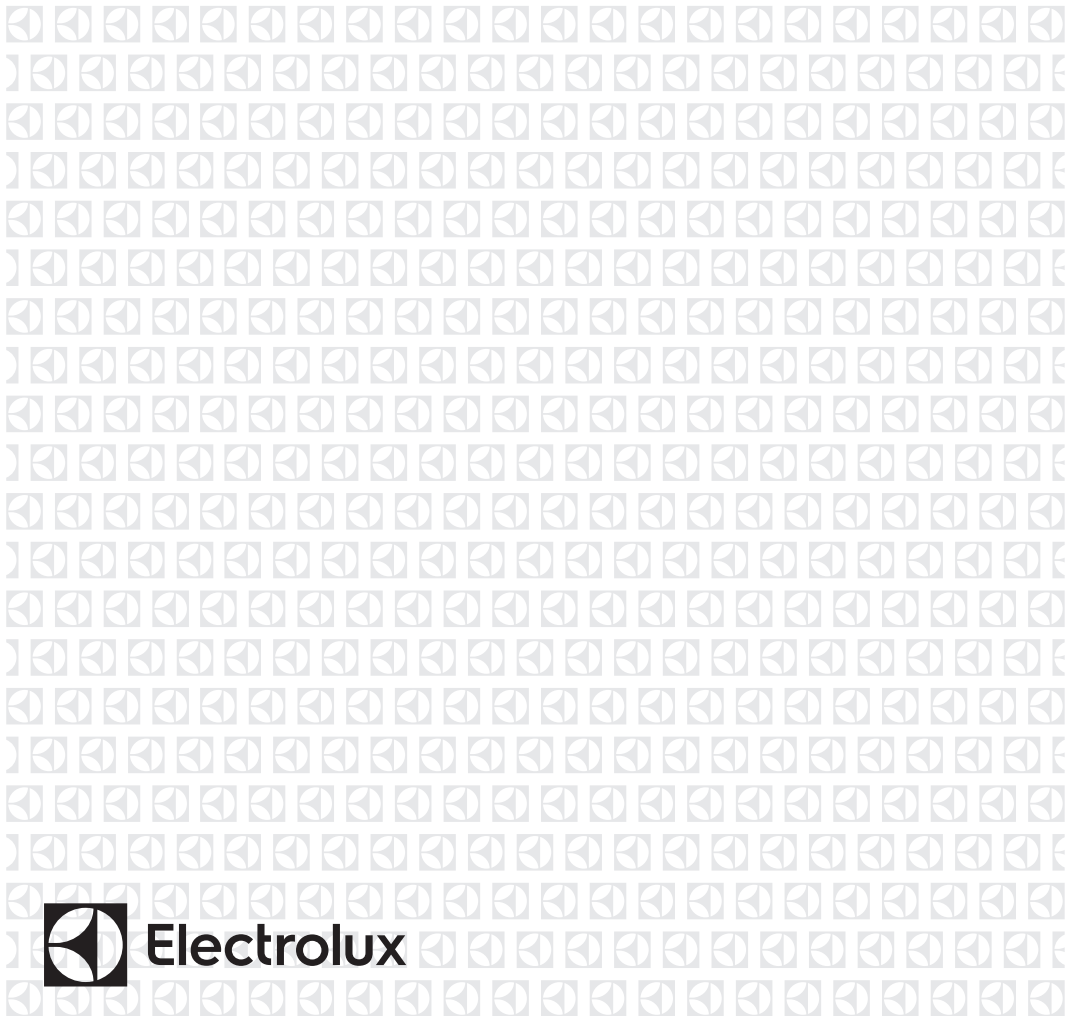




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EN Microwave combi-oven

Recipe Book



**Electrolux**

# 1. AUTOMATIC PROGRAMMES



## WARNING!

Refer to Safety chapters.

### 1.1 Automatic programmes

The automatic programmes give optimum settings for each type of meat or other recipes.

- Meat programmes with the function: Weight Automatic (menu: Assisted Cooking) — This function automatically calculates the roasting time. To use it you need to input food weight.
- Recipe Automatic (menu: Assisted Cooking) — This function uses predefined values for a dish. Prepare the dish according to recipe from this book.

Dishes with the function: Weight Automatic
Roast Pork
Roast Veal
Braised meat

Dishes with the function: Weight Automatic
Roast Game
Roast Lamb
Chicken, whole
Turkey, whole
Duck, whole
Goose, whole

### 1.2 Categories

In the Assisted Cooking menu the dishes are divided into several categories:

- Defrost
- Cooking/Melting
- Pork/Veal
- Beef/Game/Lamb
- Poultry
- Fish
- Cake
- Pizza/Pie/Bread
- Casseroles/Gratins
- Desserts

## 2. DEFROST

### 2.1 Defrost Fish

Place the frozen fish on an upturned plate, and put the plate inside a container to allow the melted water to run off without soiling the inside of the microwave.

Check food regularly during defrosting and turn it several times. As the fish defrosts, carefully separate pieces of fish if frozen into a block.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

After defrosting, allow the food to stand at room temperature for a period roughly equivalent to the defrosting time.

### 2.2 Defrost Poultry

Put the food to be defrosted on an upturned plate, and put the plate into a container to allow the melted water to run off without soiling the appliance.

Check food regularly during defrosting and turn it several times. Cover exposed fatty areas like legs and wing tips with aluminium foil.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

After defrosting, allow the food to stand at room temperature for a period roughly equivalent to the defrosting time.

### 2.3 Defrost meat

Put the frozen meat on an upturned plate, and put the plate into a container to allow the melted water to run off without soiling the appliance.

Check food regularly during defrosting and turn it several times. As the food defrosts, carefully break up mince or pieces of meat frozen into a block.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

After defrosting, allow the food to stand at room temperature for a period roughly equivalent to the defrosting time.

### 2.4 Defrost Bread

Place the bread on kitchen towel on a plate.

Turn the bread several times during defrosting.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

After defrosting, allow the food to stand at room temperature for a period roughly equivalent to the defrosting time.

## 3. COOKING/MELTING

### 3.1 Fresh vegetables

Put chopped vegetables into a microwave-proof dish and add approximately 50 ml water. Cover the dish (lid or microwave cling film).

Turn the vegetables several times during cooking.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

Tip: If the vegetables are very crunchy set a lower weight. If the vegetables are too soft set a higher weight.

### 3.2 Frozen vegetables

Put frozen vegetables into a microwave-proof dish and add approximately 50 ml water. Cover the dish (lid or microwave cling film).

Turn the vegetables several times during cooking.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

Tip: If the vegetables are very crunchy set a lower weight. If the vegetables are too soft set a higher weight.

### 3.3 Braise onions

Cut onions into strips and put into a microwave-safe dish with 1 tablespoon butter or oil. Cover the dish (lid or microwave cling film).

Turn the vegetables several times during cooking.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

### 3.4 Potatoes in their jacket

Put potatoes into a microwave-proof dish and add approximately 100 ml water. Cover the dish (lid or microwave cling film).

Turn the potatoes several times during cooking.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

### 3.5 Rice

Put rice (parboiled) into a microwave-safe dish and add water to a ratio of 1:2 (=100 g rice and 200 ml water). Season to taste. Add flakes of butter, steamed onions or herbs. Cover the dish (lid or microwave cling film).

Turn the rice several times during cooking.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

### 3.6 Melting chocolate

Cut the chocolate into pieces and place in a dish. Cover the dish (lid or microwave cling film).

Stir the chocolate several times as it melts.

- Time in the appliance: weight dependent

- Shelf position: bottom glass

### 3.7 Melting Butter

Cut the butter into pieces and place in a dish. Cover the dish (lid or microwave cling film).

Stir the butter several times as it melts.

- Time in the appliance: weight dependent
- Shelf position: bottom glass

## 4. PORK/VEAL

### 4.1 Roast Pork

#### Settings:

Automatic weight. Setting range for the weight between 1000 and 3000 g.

#### Method:

Season meat to taste and place in an ovenproof dish. Add water or another liquid; the bottom should be covered to a depth of 20 - 40 mm. Turn the roast after about 30 minutes.

- Shelf position: 1

### 4.2 Roast Veal

#### Settings:

Automatic weight. Setting range for the weight between 1000 and 3000 g.

#### Method:

Season meat to taste and place in an ovenproof dish. Add water or another liquid; the bottom should be covered to a depth of 10 - 20 mm. Cover with a lid.

- Shelf position: 1

### 4.3 Ossobuco

#### Ingredients:

- 4 tablespoons butter for browning
- 4 slices of veal shank, about 3 - 4 cm thick (cut across the bone)
- 4 medium-sized carrots, cut into small dice
- 4 sticks celery, cut into small dice

- 1 kg ripe tomatoes, peeled, halved, cores removed and cut into dice
- 1 bunch parsley, washed and roughly chopped
- 4 tablespoons butter
- 2 tablespoons flour for coating
- 6 tablespoons olive oil
- 250 ml white wine
- 250 ml meat stock
- 3 medium-sized onions, peeled and finely chopped
- 3 cloves of garlic, peeled and thinly sliced
- 1/2 teaspoon each of thyme and oregano
- 2 bay leaves
- 2 cloves
- salt, freshly ground black pepper

#### Method:

Melt 4 tablespoons butter in a roasting tin and sweat the vegetables in it. Take vegetables out of the roasting tin.

Wash veal shank slices, dry, season and then coat in the flour. Knock off surplus flour. Heat the olive oil and brown the slices over a medium heat until golden brown. Take meat out and pour the surplus olive oil out of the roasting tin.

Deglaze the meat juices in the roasting tin with 250 ml wine, put into a saucepan and leave to simmer for a while. Add 250 ml meat stock and add parsley, thyme, oregano and diced tomato. Season with salt and pepper. Then bring to the boil again.

Put vegetables into the roasting tin, put the meat on top and pour the sauce over the top. Cover the roasting tin with a lid and put it in the appliance.

- Time in the appliance: 120 minutes
- Shelf position: 2

#### 4.4 Veal Knuckle

##### Ingredients:

- 1 hind knuckle of veal 1.5 - 2 kg
- 4 slices cooked ham
- 2 tablespoons oil
- 1 teaspoon salt
- 1 teaspoon sweet-noble paprika
- 1/2 teaspoon basil
- 1 small tin sliced mushrooms (280 g)
- soup vegetables (carrot, leek, celery, parsley)
- water

##### Method:

Cut 8 slits lengthwise all around the veal knuckle. Cut four slices of cooked ham in half and place in the slits. Mix oil, salt, paprika and basil together and spread over the veal knuckle. Put the veal knuckle into a roasting tin and spread the mushrooms over it. Add soup vegetables and water to the veal knuckle. The bottom should be covered to a depth of 10 - 15 mm. Turn the roast after about 30 minutes.

- Time in the appliance: 160 minutes
- Shelf position: 1

#### 4.5 Meat loaf with herbs

##### Ingredients for 4 servings:

- slices of bread cut into small pieces and softened with a little hot water
- 1 onion, finely chopped and sweated in a little butter
- 1 clove of garlic, crushed
- 250 g minced beef
- 250 g minced pork

- 100 g roast veal
- 1 egg
- 1 teaspoon salt
- pepper
- paprika
- 1 tablespoon chopped parsley
- 1 teaspoon finely chopped rosemary
- 1 teaspoon thyme leaves
- 4 slices of bacon, for covering

##### Method:

Mix all the ingredients well, shape into a meatloaf and place in a microwave-safe, fireproof dish. Cover with slices of bacon.

- Time in the appliance: 40 minutes
- Shelf position: 2

#### 4.6 Swedish Festive Roast

##### Ingredients:

- 200 g dried plums
- 150 ml white wine
- 1.5 kg loin of pork or saddle of veal (without bones)
- 1 medium onion
- apple
- salt, pepper and paprika

##### Method:

Soften the plums in white wine for two hours. Rinse the meat briefly with water, then dry. Cut notches into the underside of the meat and stick a plum into each notch, pushing them as far as possible into the meat. Season the meat and put into the roasting tin with the side without the plums facing uppermost. Peel the onions and apple, cut into eighths and place around the roast. Top the remains of the wine in which the plums were soaked up to a quarter of a liter with water and pour over the roast. Suitable accompaniments are croquettes, potato gratin, broccoli, or similar.

- Time in the appliance: 60 minutes
- Shelf position: 2

## 5. BEEF/GAME/LAMB

### 5.1 Braised meat

##### Settings:

Automatic core temperature sensor. Core temperature for:

- Rare - 48 °C
- Medium - 65 °C
- Well done - 70 °C

##### Method:

Season meat to taste, insert the core temperature sensor and place in an ovenproof dish.

- Shelf position: 1

## 5.2 Roast Game

### Settings:

Automatic weight. Setting range for the weight between 1000 and 3000 g.

### Method:

Season meat to taste and place in an ovenproof dish. Add water or another liquid; the bottom should be covered to a depth of 10 - 20 mm. Cover with a lid.

- Shelf position: 1

## 5.3 Rabbit

### Ingredients:

- 2 saddles of hare
- 6 juniper berries (crushed)
- salt and pepper
- 30 g melted butter
- 125 ml sour cream
- soup vegetables (carrot, leek, celery, parsley)

### Method:

Rub saddles of hare with the crushed juniper berries, salt and pepper and brush with melted butter.

Place saddles of hare in a roasting tin, pour sour cream over and add soup vegetables.

- Time in the appliance: 35 minutes
- Shelf position: 2

## 5.4 Mustard Rabbit

### Ingredients:

- 2 rabbits, each 800 g
- salt and pepper
- 2 tablespoons olive oil
- 2 roughly chopped onions
- 50 g diced bacon
- 2 tablespoons flour
- 375 ml chicken stock
- 125 ml white wine
- 1 teaspoon fresh thyme
- 125 ml cream
- 2 tablespoons Dijon mustard

### Method:

Cut rabbits into 8 similarly sized pieces, season with salt and pepper and brown on all sides in a roasting pan on the ring.

Remove rabbit pieces and brown the onions and bacon. Sprinkle flour over and stir. Stir in chicken stock, white wine and thyme and bring to the boil.

Add cream and Dijon mustard, put meat back in, cover with a lid and then put it in the appliance.

- Time in the appliance: 90 minutes
- Shelf position: 2

## 5.5 Wild Boar

### To make the marinade:

- 1.5 l red wine
- 150 g celeriac
- 150 g carrots
- 2 onions
- 5 bay leaves
- 5 cloves
- 2 bunches of soup vegetables (carrot, leek, celery, parsley)  
Bring everything to the boil and then leave to cool.
- 1.5 kg wild boar joint (shoulder)  
Pour the marinade over the meat until it is covered and leave to marinade for 3 days.

### Ingredients for the roast:

- salt
- pepper
- soup vegetables from the marinade
- 1 small tin of chanterelles

### Method:

Take the wild boar joint out of the marinade and dry. Season with salt and pepper and brown on all sides in a roasting pan on the ring. Add chanterelles and some of the soup vegetables out of the marinade.

Pour marinade into the roasting pan. The bottom should be covered by 10 - 15 mm. Cover the roasting pan with a lid and put it in the appliance.

- Time in the appliance: 140 minutes
- Shelf position: 1

## 5.6 Roast Lamb

### Settings:

Automatic weight. Setting range for the weight between 1000 and 3000 g.

### Method:

Season meat to taste and place in an ovenproof dish. Add water or another liquid; the bottom should be covered to a depth of 10 - 30 mm. Cover with a lid.

- Shelf position: 1

## 5.7 Leg of Lamb

### Ingredients:

- 2.7 kg leg of lamb
- 30 ml olive oil
- salt

- pepper
- 3 cloves of garlic
- 1 bunch of fresh rosemary (or 1 teaspoon of dried rosemary)
- water

### Method:

Wash the leg of lamb and then pat dry, rub in olive oil and make slashes in the meat. Season with salt and pepper. Peel the cloves of garlic and slice, push together with the sprigs of rosemary into the slashes in the meat.

Put the leg of lamb into a roaster and add water. The bottom should be covered to a depth of 10 - 15 mm. Turn the roast after about 30 minutes.

- Time in the appliance: 165 minutes
- Shelf position: 1

# 6. POULTRY

## 6.1 Chicken, whole

### Settings:

Automatic weight. Setting range for the weight between 900 and 2100 g.

### Method:

Place chicken in an ovenproof dish and season to taste. After about 30 minutes, turn the roast. The display shows a reminder.

- Shelf position: 1

## 6.2 Chicken Legs

### Ingredients:

- 4 Chicken legs, 250 g each
- 250 g crème fraîche
- 125 ml cream
- 1 teaspoon salt
- 1 teaspoon paprika
- 1 teaspoon curry
- 1/2 teaspoon pepper
- 250 g sliced tinned mushrooms
- 20 g corn starch

### Method:

Clean the chicken legs and place in a roaster. Mix the rest of the ingredients together and pour over the chicken legs.

- Time in the appliance: 55 minutes

- Shelf position: 2

## 6.3 Coq au Vin

### Ingredients:

- 1 chicken
- salt
- pepper
- 1 tablespoon flour
- 50 g clarified butter
- 500 ml white wine
- 500 ml chicken stock
- 4 tablespoons soya sauce
- 1/2 bunch of parsley
- 1 sprig of thyme
- 150 g bacon, diced
- 250 g chestnut mushrooms, cleaned and quartered
- 12 shallots, peeled
- 2 cloves of garlic, peeled and crushed

### Method:

Clean the chicken and season with salt and pepper and sprinkle with the flour.

Heat the clarified butter in a roasting tin on the ring, brown the chicken on all sides. Pour in the white wine, chicken stock and soya sauce and bring to the boil.

Add parsley, thyme, diced bacon, mushrooms, shallots and garlic.

Bring to the boil again, cover with a lid and put in the appliance.

- Time in the appliance: 55 minutes
- Shelf position: 1

## 6.4 Chicken Wings

### Ingredients:

- 1 kg chicken wings

Marinade:

- 2 tablespoon oil
- 2 tablespoon soy sauce
- 1 tablespoon mustard
- 1 clove of garlic, crushed
- rosemary
- thyme
- freshly ground black pepper
- corn starch

### Method:

Mix the oil, soy sauce, mustard, garlic and herbs together. Cover the chicken wings with the marinade and leave to marinate for 2 – 3 hours. Then sprinkle with a little corn starch.

- Time in the appliance: 25 minutes
- Shelf position: 2

Place a microwave-safe dish on the base to collect drips.

Turn after 10 minutes.

## 6.5 Chicken, 2 half

### Ingredients:

- 1 kg whole chicken, halved
- salt
- pepper
- herbs to taste
- oil for basting
- Time in the appliance: 30 minutes
- Shelf position: 2

Place a microwave-safe dish on the base to collect drips.

Turn after 15 minutes.

## 6.6 Stuffed Chicken

### Ingredients:

- 1 chicken, 1.2 kg (with giblets)
- 1 tablespoon oil
- 1 teaspoon salt

- 1/4 teaspoon paprika
- 50 g breadcrumbs
- 3 - 4 tablespoons milk
- 1 onion, chopped
- 1 bunch of parsley, chopped
- 20 g butter
- 1 egg
- salt and pepper

### Method:

Clean chicken and dry. Mix oil, salt and paprika and rub into the chicken.

**Stuffing:** Mix together breadcrumbs and milk. Put chopped onion, parsley and butter into a pan and sweat. Finely chop heart, liver and stomach and add an egg. Then mix everything together and season with salt and pepper.

Place chicken breast down in a roasting tin, put into the appliance. Turn after 30 minutes. A signal sounds.

- Time in the appliance: 90 minutes
- Shelf position: 1

## 6.7 Roast Duck with Orange

### Ingredients:

- 1 duck (1.6 – 2.0 kg)
- salt
- pepper
- 3 oranges, peeled, de-seeded and cut into cubes
- 1/2 teaspoon salt
- 2 oranges for juicing
- 150 ml sherry

### Method:

Clean the duck, season with salt and pepper and rub with orange peel.

Stuff the duck with cubes of orange seasoned with salt and sew it up.

Place the duck in the roasting tin, breast down.

Squeeze the juice from the oranges, mix with the sherry and pour over the duck.

Put duck in the appliance. Turn after 30 minutes. A signal sounds.

- Time in the appliance: 90 minutes
- Shelf position: 1



## 6.8 Duck, whole

### Settings:

Automatic weight. Setting range for the weight between 1500 and 3300 g.

### Method:

Place duck in an ovenproof dish and season to taste. After about 30 minutes, turn the roast. The display shows a reminder.

- Shelf position: 1

## 6.9 Goose, whole

### Settings:

Automatic weight. Setting range for the weight between 2300 and 4700 g.

### Method:

Place goose in an ovenproof dish and season to taste. After about 30 minutes, turn the roast. The display shows a reminder.

- Shelf position: 1

## 6.10 Turkey, whole

### Settings:

Automatic weight. Setting range for the weight between 1700 and 4700 g.

### Method:

Place turkey in an ovenproof dish and season to taste. After about 30 minutes, turn the roast. The display shows a reminder.

- Shelf position: 1

# 7. FISH

## 7.1 Fish fillet in Cream Sauce

### Ingredients for 4 people:

- 400 g fish fillet (brook trout or rainbow trout)
- 20 g cooking oil
- 250 g onions, cut into rings
- 6 tablespoon crème fraîche (sour cream)
- paprika powder, sweet
- lemon
- salt

### Method:

Sweat the onions in a pan with the oil until transparent. Then put into a buttered baking dish.

Clean the fish fillets, drizzle with lemon, salt and place in the dish on top of the onion rings. Mix crème fraîche with paprika, to taste, and pour this sauce over the fish fillets. Salt lightly.

- Time in the appliance: 12 minutes
- Shelf position: 1

Turn the dish after half the cooking time has elapsed.

## 7.2 Steamed Fish

### Ingredients:

- 400 g potatoes
- 2 bunches of spring onions
- 2 cloves of garlic
- 1 small tin chopped tomatoes (400 g)
- 4 salmon fillets
- juice of a lemon
- salt and pepper
- 75 ml vegetable stock
- 50 ml white wine
- 1 sprig of fresh rosemary
- 150 ml wine
- 1/2 bunch of fresh thyme

### Method:

Wash potatoes, peel, quarter and boil in salted water for 25 minutes, then drain and cut into slices.

Wash spring onions and slice finely. Peel garlic cloves and cut into pieces. Mix onions and garlic with the chopped tomatoes.

Sprinkle salmon fillets with the juice of a lemon and leave to marinate. Then dry and season with salt and pepper.

Mix vegetables and potatoes and place in a greased ovenproof dish, season and place the salmon on top.

Pour vegetable stock and white wine over, distribute rosemary and thyme over the top.

- Time in the appliance: 35 minutes
- Shelf position: 2

### 7.3 Lemon sole rolls

#### Ingredients:

- 4 sole fillets
- juice of half a lemon
- salt, freshly ground black pepper
- 100 g leaf spinach, frozen, thawed
- 1 clove of garlic
- 2 tablespoon white wine
- 50 ml cream
- 1 egg yolk

#### Method:

Drizzle the fish fillets with lemon juice and season with salt and pepper. Squeeze out the spinach and season with garlic. Cover the sole fillets with the spinach and roll into a cylinder. Place in a buttered baking dish ensuring that the thin ends of the fillets are folded under. Drizzle the rolls with white wine.

Whisk the cream and egg yolk together and salt lightly. Spoon over the fish rolls.

- Time in the appliance: 17 minutes
- Shelf position: 2

### 7.4 Fillet of Fish

#### Ingredients:

- 600 - 700 g perch-pike, salmon, or sea trout fillet
- 150 g grated cheese
- 250 ml cream
- 50 g breadcrumbs
- 1 teaspoon tarragon
- parsley, chopped
- salt, pepper
- lemon
- butter

#### Method:

Sprinkle fish fillets with lemon juice and leave to marinade for a while, then dab off surplus juice with kitchen paper. Season the fish fillets on both sides with salt and pepper. Then place fish fillets in a buttered ovenproof dish.

Mix together the grated cheese, cream, breadcrumbs, tarragon and chopped parsley. Spread the mixture immediately on the fish fillets and place small knobs of butter on the mixture.

- Time in the appliance: 35 minutes
- Shelf position: 2

### 7.5 Fillet of Fish, frozen

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

## 8. CAKE

### 8.1 Sweet Tart

#### Ingredients:

- 2 sheets original Swiss flaky pastry or puff pastry (rolled out in a square)
- 50 g ground hazelnuts
- 1.2 kg apples
- 3 eggs
- 300 ml cream
- 70 g sugar

#### Method:

Place pastry on a well-greased baking tray and prick the bottom all over with a fork. Spread the hazelnuts evenly over the pastry. Peel apples, remove cores and cut into 12 slices. Spread slices evenly on the pastry. Mix eggs, cream,

sugar and vanilla sugar together well and put over the apples.

- Time in the appliance: 55 minutes
- Shelf position: 3

### 8.2 Lemon Sponge Cake

#### Ingredients for the mixture:

- 250 g butter
- 200 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- 4 eggs
- 150 g flour
- 150 g cornflour
- 1 level teaspoon baking powder
- grated peel of 2 lemons

**Ingredients for the glaze:**

- 125 ml lemon juice
- 100 g icing sugar

**Other:**

- Square baking tin, 30 cm long
- Margarine for greasing
- Breadcrumbs for coating baking tin

**Method:**

Place butter, sugar, lemon peel, vanilla sugar and salt in a mixing bowl and cream together. Then add the eggs one at a time and cream together again.

Add the flour and cornflour mixed with the baking powder to the creamed mixture and fold in.

Put the mixture into the greased and breadcrumbing baking tin, smooth out and put in the appliance.

After baking, mix lemon juice and icing sugar. Turn the cake out onto a piece of aluminium foil.

Fold up the aluminium foil against the sides of the cake so that the glaze cannot run out. Pierce the cake with a wooden chopstick and brush on the glaze. Then leave the cake for a while to soak up the glaze.

- Time in the appliance: 75 minutes
- Shelf position: 2

**8.3 Carrot Cake****Ingredients for the mixture:**

- 150 ml sunflower oil
- 100 g brown sugar
- 2 eggs
- 75 g syrup
- 175 g flour
- 1 teaspoon cinnamon
- 1/2 teaspoon ground ginger
- 1 teaspoon baking powder
- 200 g finely grated carrots
- 75 g sultanas
- 25 g grated coconut

**Ingredients for the topping:**

- 50 g butter
- 150 g cream cheese
- 40 g sugar crystals
- ground hazelnuts

**Other:**

- Round springform baking tin with 22 cm diameter, greased

**Method:**

Cream together sunflower oil, brown sugar, eggs and syrup. Fold in the rest of the ingredients for the mixture.

Put the mixture into the greased baking tin.

- Time in the appliance: 55 minutes
- Shelf position: 2

**After baking:**

Mix butter, cream cheese and sugar crystals (if necessary, add a little milk to make it spreadable).

Spread over the cake once it has cooled down and sprinkle ground hazelnuts over the top.

**8.4 Yeast Plait****Ingredients for the dough:**

- 650 g flour
- 20 g yeast
- 200 ml milk
- 40 g sugar
- 5 g salt
- 5 egg yolks
- 200 g softened butter

**Ingredients for the filling:**

- 250 g chopped walnuts
- 20 g breadcrumbs
- 1 teaspoon ground ginger
- 50 ml milk
- 60 g honey
- 30 g melted butter
- 20 ml rum

**Ingredients for the finish:**

- 1 egg yolk
- a little milk
- 50 g flaked almonds

**Method:**

Sieve the flour into a mixing bowl, make a well in the centre. Cut up the yeast, place it in the well and stir in with the milk and a little of the sugar and the flour from around the edge, sprinkle with flour, leave to rise in a warm place until the

flour sprinkled on the pre-dough is showing cracks.

Put the rest of the sugar on the edge of the flour. Knead all ingredients into a workable yeast dough. Leave the dough to rise in a warm place until it is about double the size.

For the filling, mix all ingredients together. Divide the dough into three equal parts and roll out into long rectangles. Spread a third of the filling onto each rectangle and then roll up the pieces of dough.

Make a plait out of the three pieces of dough. Coat the surface of the plait with a mixture of egg yolk and milk and then sprinkle with flaked almonds.

- Time in the appliance: 55 minutes
- Shelf position: 2

## 8.5 Ring Cake

### Ingredients for the base:

- 500 g flour
- 1 small packet dried yeast (8 g dry yeast or 42 g fresh yeast)
- 80 g icing sugar
- 150 g butter
- 3 eggs
- 2 level teaspoons salt
- 150 ml milk
- 70 g raisins (soak in 20 ml of kirsch for 1 hour beforehand)

### Ingredients for the finish:

- 50 g whole peeled almonds

### Method:

Put flour, dried yeast, icing sugar, butter, eggs, salt and milk into a mixing bowl and knead to a smooth yeast dough. Cover the dough in the bowl and leave to rise for 1 hour.

Knead the soaked raisins into the dough by hand.

Place the almonds individually into each hollow in a greased and floured gugelhupf tin.

Then shape the dough into a sausage shape, place in the gugelhupf tin. Cover and leave to rise again for 45 minutes.

- Time in the appliance: 60 minutes
- Shelf position: 2

## 8.6 Brownies

### Ingredients:

- 250 g plain chocolate
- 250 g butter
- 375 g sugar
- 2 packet vanilla sugar (approximately 16 g)
- 1 pinch salt
- 5 tablespoons water
- 5 eggs
- 375 g walnuts
- 250 g flour
- 1 teaspoon baking powder

### Method:

Break chocolate up into large pieces and melt in a bain marie.

Cream together butter, sugar, vanilla sugar, salt and water, add the eggs and the melted chocolate.

Roughly chop the walnuts, mix with the flour and baking powder and fold into the chocolate mixture.

Line a deep baking tray with baking parchment, put the mixture on top and smooth.

- Time in the appliance: 50 minutes
- Shelf position: 3

### After baking:

Leave to cool, remove baking parchment and cut into squares.

## 8.7 Muffins

### Ingredients:

- 150 g butter
- 150 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- zest of one unwaxed lemon
- 2 eggs
- 50 ml milk
- 25 g cornflour
- 225 g flour
- 10 g baking powder
- 1 jar of sour cherries (375 g)
- 225 g chocolate chips

**Other:**

- Paper cases, approximately 7 cm diameter

**Method:**

Cream together butter, sugar, vanilla sugar, salt and the zest of one unwaxed lemon. Add eggs and cream together again.

Mix the cornflour, flour and baking powder and fold into the mixture with the milk.

Drain sour cherries and fold into the mixture with the chocolate chips.

Put the mixture into the paper cases, put cases onto a baking tray and put in the appliance. Use muffin tray if available.

- Time in the appliance: 40 minutes
- Shelf position: 3

**8.8 Biscuit****Ingredients:**

- 4 eggs
- 2 tablespoons hot water
- 50 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- 100 g sugar
- 100 g flour
- 100 g cornflour
- 2 level teaspoons baking powder

**Other:**

- 28 cm round springform baking tin, black, bottom lined with baking parchment

**Method:**

Separate the eggs. Cream egg yolks with hot water, 50 g sugar, vanilla sugar and salt. Beat egg whites with 100 g sugar until forming peaks.

Sieve together flour, cornflour and baking powder.

Carefully mix egg whites and egg yolks together. Then carefully fold in flour mixture. Put the mixture into the baking tin, smooth and put in the appliance.

- Time in the appliance: 45 minutes
- Shelf position: 2

**8.9 Savarin Cake****Ingredients for the dough:**

- 350 g flour
- 1 small packet dried yeast (8 g dry yeast or 42 g fresh yeast)
- 75 g sugar
- 100 g butter
- 5 egg yolks
- 1/2 teaspoon salt
- 1 packet vanilla sugar (approximately 8 g)
- 125 ml milk

**After baking:**

- 375 ml water
- 200 g sugar
- 100 ml plum brandy or 100 ml orange liqueur

**Method:**

Put flour, dried yeast, sugar, butter, egg yolks, salt, vanilla sugar and milk into a mixing bowl and knead to a smooth yeast dough. Cover the dough in the bowl and leave to rise for 1 hour. Then place the dough in a greased ring-shaped cake tin and cover and leave to rise again for 45 minutes.

- Time in the appliance: 35 minutes
- Shelf position: 1

**After baking:**

Bring water and sugar to the boil and leave to cool.

Add plum brandy or orange liqueur to the sugar water and mix together.

When the cake has cooled, pierce it several times with a wooden skewer and then let the mixture soak into the cake evenly.

**8.10 Streusel Cake****Ingredients for the dough:**

- 375 g flour
- 20 g yeast
- 150 ml tepid milk
- 60 g sugar
- 1 pinch salt
- 2 egg yolks
- 75 g softened butter

**Ingredients for the crumble:**

- 200 g sugar
- 200 g butter
- 1 teaspoon cinnamon
- 350 g flour
- 50 g chopped nuts
- 30 g melted butter

**Method:**

Sieve the flour into a mixing bowl, make a well in the centre. Cut up the yeast, place it in the well, stir in with the milk and some of the flour from around the edge, sprinkle with flour, leave to rise in a warm place until the flour sprinkled on the pre-dough is showing cracks.

Put the sugar, egg yolks, butter and salt on the edge of the flour. Knead all ingredients into a workable yeast dough.

Leave the dough to rise in a warm place until it is about double the size. Then roll out the dough and place on a greased baking tray and leave to rise again.

Place sugar, butter and cinnamon in a mixing bowl and mix together.

Add the flour and the nuts and knead together so that you make a crumble mixture.

Spread the butter on the risen dough and spread the crumble mixture on it evenly.

- Time in the appliance: 35 minutes
- Shelf position: 3

## 8.11 Swedish Cake

**Ingredients:**

- 5 eggs
- 340 g sugar
- 100 g melted butter
- 360 g flour
- 1 packet baking powder (approximately 15 g)
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- 200 ml cold water

**Other:**

- 28 cm round springform baking tin, black, bottom lined with baking parchment

**Method:**

Place sugar, eggs, vanilla sugar and salt in a mixing bowl and cream together for 5 minutes. Then add the melted butter to the mixture and fold in.

Add the flour with the baking powder mixed into it into the creamed mixture and stir in.

Finally add the cold water and mix everything well. Put the mixture into the baking tin, smooth and put in the appliance.

- Time in the appliance: 55 minutes
- Shelf position: 2

## 8.12 Grandmas RoastApple Cake

**Ingredients:**

- 250 g butter
- 250 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- 100 g marzipan
- 5 eggs
- 500 g flour
- 1 packet baking powder (approximately 15 g)
- 1 sachet gingerbread spices (approximately 20 g)
- 50 g cocoa powder
- 150 ml red wine
- 1.2 kg apples

**Method:**

Put butter, sugar, vanilla sugar and salt into a mixing bowl and beat until fluffy. Add marzipan cut into small pieces and beat until smooth. Add eggs one by one and beat until fluffy. Add flour, baking powder, gingerbread spices and cocoa powder to the mixture. Stir in red wine. Put the dough into a deep baking tray lined with baking parchment and smooth the surface. Peel and core apples and cut into 0.5 cm thick slices. Plum puree: Arrange the slices on top of the dough and fill the holes left by the cores with plum puree. Then put into the appliance.

- Time in the appliance: 40 minutes
- Shelf position: 3
- After baking leave the cake to cool and remove the baking parchment.

**Glaze:**

- 250 ml apple juice
- 1 sachet clear cake glaze
- After baking leave the cake to cool and remove the baking parchment.

Mix up the glaze using the apple juice and sachet of cake glaze and brush over the cake.

**8.13 Almond Cake****Ingredients for the mixture:**

- 5 eggs
- 200 g sugar
- 100 g marzipan
- 200 ml olive oil
- 450 g flour
- 1 tablespoon cinnamon
- 1 packet baking powder (approximately 15 g)
- 50 g chopped pistachios
- 125 g ground almonds
- 300 ml milk

**Ingredients for the topping:**

- 200 g apricot jam
- 5 tablespoons icing sugar
- 1 teaspoon cinnamon
- 2 tablespoons hot water
- flaked almonds

**Other:**

- 28 cm springform baking tin

**Method:**

Cream together eggs, sugar and marzipan for 5 minutes, then slowly add the olive oil to the egg mixture.

Sieve the flour, cinnamon and baking powder together, then mix the chopped pistachios and the ground almonds into the flour. Then carefully fold into the egg mixture together with the milk.

Put into the springform whose base has been sprinkled with breadcrumbs.

- Time in the appliance: 70 minutes
- Shelf position: 2

**After baking:**

Heat up the apricot jam and then spread on the cake using a brush. Then leave to cool. Mix together icing sugar, cinnamon

and hot water and spread on the cake. Then sprinkle flaked almonds immediately onto the glazed surface of the cake.

**8.14 Apple Strudel, frozen**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**8.15 Cheese Cake****Ingredients for the base:**

- 150 g flour
- 70 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 egg
- 70 g softened butter

**Ingredients for the cheese cream:**

- 3 egg whites
- 50 g raisins
- 2 tablespoons rum
- 750 g low fat quark
- 3 egg yolks
- 200 g sugar
- juice of one lemon
- 200 g crème fraîche
- 1 packet of custard powder, vanilla flavour (40 g or the corresponding amount of powder for making pudding of 500 ml milk)

**Other:**

- Black springform baking tin with 26 cm diameter, greased

**Method:**

Sieve flour into a bowl. Add the rest of the ingredients and mix with a hand-held mixer. Then put the mixture in the fridge for 2 hours.

Cover the greased bottom of the springform tin with about 2/3 of the mixture and prick several times with a fork.

Form an edge about 3 cm high with the rest of the mixture.

Beat the egg whites with a hand-held mixer until forming peaks. Wash the raisins, let them drain well, sprinkle with the rum and leave to soak.

Put low fat quark, egg yolks, sugar, lemon juice, crème fraîche and the custard powder in a mixing bowl and mix together well.

To finish, carefully fold the beaten egg whites and the raisins into the quark mixture.

- Time in the appliance: 85 minutes
- Shelf position: 2

## 8.16 Fruit Cake

### Ingredients:

- 200 g butter
- 200 g sugar
- 1 packet vanilla sugar (approximately 8 g)
- 1 pinch salt
- 3 eggs
- 300 g flour
- 1/2 packet baking powder (approximately 8 g)
- 125 g currants
- 125 g raisins
- 60 g chopped almonds
- 60 g candied lemon peel or candied orange peel
- 60 g chopped candied cherries
- 70 g whole blanched almonds

### Other:

- Black springform baking tin, 24 cm diameter
- Margarine for greasing
- Breadcrumbs for coating baking tin

### Method:

Place butter, sugar, vanilla sugar and salt in a mixing bowl and cream together. Then add the eggs one at a time and cream the mixture again. Add the flour mixed with the baking powder to the creamed mixture and fold in.

Stir the fruit into the mixture as well.

Place the mixture in the prepared tin and pull the mixture up a little higher at the

edge than in the centre. Decorate the edge and the centre of the cake with the whole blanched almonds. Put the cake into the appliance.

- Time in the appliance: 100 minutes
- Shelf position: 2

## 8.17 Fruit Tart

### Ingredients for the pastry:

- 200 g flour
- 1 pinch salt
- 125 g butter
- 1 egg
- 50 g sugar
- 50 ml cold water

### Ingredients for the filling:

- Fruit according to the season (400 g apples, peaches, sour cherries, etc.)
- 90 g ground almonds
- 2 eggs
- 100 g sugar
- 90 g softened butter

### Other:

- Quiche tin with 28 cm diameter, greased

### Method:

Sieve flour into a mixing bowl, mix salt and butter cut into small pieces into the flour. Then add egg, sugar and cold water and knead into a pastry.

Cool the pastry for 2 hours in the fridge. Roll out the refrigerated pastry and place in the greased quiche tin and prick with a fork. Clean fruit, remove cores, stones or pips and place in small pieces or slices on the pastry. Place ground almonds, eggs, sugar and softened butter in a bowl and cream together. Then put on top of the fruit and smooth out.

- Time in the appliance: 50 minutes
- Shelf position: 2

# 9. PIZZA/PIE/BREAD

## 9.1 Pizza

### Ingredients for the dough:

- 14 g yeast

- 200 ml water
- 300 g flour
- 3 g salt
- 1 tablespoon oil



**Ingredients for the topping:**

- 1/2 small tin tomatoes, chopped (200 g)
- 200 g cheese, grated
- 100 g salami
- 100 g cooked ham
- 150 g mushrooms (tinned)
- 150 g Feta cheese
- oregano

**Other:**

- Baking tray, greased

**Method:**

Crumble yeast into a bowl and dissolve in the water. Mix the salt into the flour and add it with the oil to the bowl.

Knead the ingredients until a workable dough that does not stick to the bowl is produced. Then leave the dough to rise in a warm place until it doubles in volume.

Roll out the dough and place on the greased baking tray, prick the bottom with a fork.

Place the ingredients for the topping on the base in the order given.

- Time in the appliance: 25 minutes
- Shelf positions: 2

**9.2 Pizza American, frozen**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**9.3 Pizza, chilled**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**9.4 Pizza, frozen**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**9.5 Pizza Snacks, frozen**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**9.6 Onion Tart****Ingredients for the dough:**

- 300 g flour
- 20 g yeast
- 125 ml milk
- 1 egg
- 50 g butter
- 3 g salt

**Ingredients for the topping:**

- 750 g onions
- 250 g bacon
- 3 eggs
- 250 g crème fraîche
- 125 ml milk
- 1 teaspoon salt
- 1/2 teaspoon ground pepper

**Method:**

Sieve the flour into a mixing bowl, make a well in the centre.

Cut up the yeast, put into the well, mix with the milk and a little flour from around the edge. Sprinkle with flour, leave to rise in a warm place until the flour sprinkled on the pre-dough is showing cracks.

Place the egg and butter on the edge of the flour. Knead all ingredients into a workable yeast dough.

Leave the dough to rise in a warm place until it is about double the size.

In the meantime, peel and quarter the onions and then slice thinly.

Dice the bacon and cook gently with the onions without browning. Leave to cool.

Roll out the dough and place on a greased baking tray, prick the bottom with a fork and press the edges up. Leave to rise again.

Stir eggs, crème fraîche, milk, salt and pepper together. Spread the cooled onions and bacon on the dough base. Put the mixture over all and smooth out.

- Time in the appliance: 45 minutes
- Shelf positions: 3

**9.7 Quiche Lorraine****Ingredients for the pastry:**

- 200 g flour

- 2 eggs
- 100 g butter
- 1/2 teaspoon salt
- a little pepper
- 1 pinch nutmeg

#### **Ingredients for the topping:**

- 150 g grated cheese
- 200 g cooked ham or lean bacon
- 2 eggs
- 250 g sour cream
- salt, pepper and nutmeg

#### **Other:**

- Black baking tin, greased, diameter 28 cm

#### **Method:**

Place flour, butter, eggs and spices in a mixing bowl and mix to a smooth pastry. Put the pastry in the fridge for a few hours.

Then roll out the pastry and place in the greased black baking tin. Prick the bottom with a fork.

Spread the bacon on the pastry.

To make the filling, mix the eggs, the sour cream and the seasoning together. Then add the cheese.

Pour the filling over the bacon.

- Time in the appliance: 40 minutes
- Shelf positions: 2

## **9.8 Cheese Flan**

#### **Ingredients:**

- 1.5 sheets original Swiss flaky pastry or puff pastry (rolled out in a square)
- 500 g grated cheese
- 200 ml cream
- 100 ml milk
- 4 eggs
- salt, pepper and nutmeg

#### **Method:**

Place pastry on a well greased baking tray. Prick dough well all over with a fork.

Spread the cheese evenly on the pastry. Mix cream, milk and eggs and season with salt, pepper and nutmeg. Mix well again and pour over the cheese.

- Time in the appliance: 45 minutes

- Shelf positions: 3

## **9.9 Cheese Pastry**

#### **Ingredients:**

- 400 g Feta cheese
- 2 eggs
- 3 tablespoons chopped flat leaf parsley
- black pepper
- 80 ml olive oil
- 375 g filo pastry

#### **Method:**

Mix together Feta, eggs, parsley and pepper. Cover filo pastry with a damp cloth, so that it does not dry out. Lay 4 sheets on top of one another, brushing each lightly with oil.

Cut into 4 strips, each about 7 cm long.

Place 2 heaped tablespoons of Feta mixture on one corner of each strip and fold this up diagonally into a triangle.

Place upside down on a baking tray and brush with oil.

- Time in the appliance: 25 minutes
- Shelf positions: 2

## **9.10 Pierogi (30 small pieces)**

#### **Ingredients for the dough:**

- 250 g spelt flour
- 250 g butter
- 250 g low fat quark
- salt

#### **Ingredients for the filling:**

- 1 small head of white cabbage (400 g)
- 50 g bacon
- 2 tablespoon clarified butter
- salt, pepper and nutmeg
- 3 tablespoons sour cream
- 2 eggs

#### **Other:**

- Baking tray with baking parchment

#### **Method:**

Knead spelt flour, butter, low fat quark and a little salt into a dough and place in the fridge.

Cut white cabbage into fine strips. Dice bacon and fry in the clarified butter. Add

the cabbage and sauté until soft. Season with salt, pepper and nutmeg and fold in the sour cream.

Continue to braise until all liquid has evaporated.

Hard boil eggs, cool and then dice, mix into the cabbage and leave to cool.

Roll out the dough and cut out round circles with an 8 cm diameter.

Put a little filling in the middle of each one and fold over. Seal the edges by pressing together with a fork.

Place the pierogi on a baking tray lined with baking parchment and brush with egg yolk.

- Time in the appliance: 20 minutes
- Shelf positions: 3

## 9.11 White Bread

### Ingredients:

- 1000 g flour
- 40 g fresh yeast or 20 g dried yeast
- 650 ml milk
- 15 g salt

### Other:

- Baking tray which has been greased or lined with baking parchment

### Method:

Place flour and salt in a large bowl. Dissolve the yeast in tepid milk and add to the flour. Knead all ingredients into a workable dough. Depending on the qualities of the flour, a little more milk may be required to achieve a workable dough.

Leave the dough to rise until it doubles in volume.

Cut the dough into two, make into two long loaves and place on the baking tray which has been greased or covered with baking parchment.

Leave the loaves to rise again by half their volume.

Before baking, dust them with flour and with a sharp knife cut 3 - 4 diagonal lines, at least 1 cm deep.

- Time in the appliance: 55 minutes
- Shelf positions: 2

## 9.12 Farmer Bread

### Ingredients:

- 500 g wheat flour
- 250 g rye flour
- 15 g salt
- 1 small packet dried yeast
- 250 ml water
- 250 ml milk

### Other:

- Baking tray which has been greased or lined with baking parchment

### Method:

Place wheat flour, rye flour, salt and dried yeast in a large bowl.

Mix water, milk and salt and add to the flour. Knead all ingredients into a workable dough. Leave the dough to rise until it doubles in volume.

Shape the dough into a long loaf and place on the baking tray which has been greased or covered with baking parchment.

Leave the loaf to rise again by half its volume. Before baking dust with a little flour.

- Time in the appliance: 55 minutes
- Shelf positions: 2

## 9.13 Rich Yeast Plait

### Ingredients for the dough:

- 750 g flour
- 30 g yeast
- 400 ml milk
- 10 g sugar
- 15 g salt
- 1 egg
- 100 g softened butter

### Ingredients for the finish:

- 1 egg yolk
- a little milk

### Method:

Sieve the flour into a mixing bowl, make a well in the centre. Cut up the yeast, place it in the well, stir in with the milk and some of the sugar and some of the flour from around the edge, sprinkle with flour, leave to rise in a warm place until

the flour sprinkled on the pre-dough is showing cracks.

Put the rest of the sugar, salt, egg and butter on the edge of the flour. Knead all ingredients into a workable yeast dough.

Leave the dough to rise in a warm place until it is about double the size.

Then weigh out into three equally sized pieces of dough and shape each one into a rope. Plait the three ropes together.

Then cover and leave to rise for another half an hour. Coat the surface of the plait with a mixture of egg yolk and milk and then put in the oven.

- Time in the oven: 50 minutes
- Shelf position: 2

## 9.14 Bread/Rolls

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

## 9.15 Bread/Rolls, frozen

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

# 10. CASSEROLES/GRATINS

## 10.1 Stuffed mushrooms

**Ingredients** for 3 people:

- 6 large mushrooms
- 1 tablespoon butter
- salt
- pepper
- lemon juice
- 1 small beef tomato, chopped, about 150 g
- 1/2 bunch parsley, chopped
- several basil leaves, chopped
- 1 slice of white bread, torn into pieces
- 75 g Gorgonzola, cubed
- 3 tablespoons cream

**Method:**

Clean the mushrooms. Then twist out the stalks and cut into small dice. Season with salt and pepper and drizzle over the lemon juice.

Mix the seasoned mushroom stalks with the beef tomato, parsley and basil, bread, gorgonzola and cream, then season with salt and pepper. Stuff the mushroom caps and place in a buttered baking dish.

- Time in the appliance: 15 minutes
- Shelf position: 1

## 10.2 Stuffed tomatoes

**Ingredients** for 2 people:

- 4 large tomatoes, each approximately 300 g

- 1 small courgette, approximately 80 g
- 60 g mushrooms
- 1 shallot
- 2 tablespoons oil
- 100 g cooked rice
- 50 ml vegetable bouillon
- 75 g mozzarella
- 1 tablespoon chopped parsley
- salt
- freshly ground black pepper

**Method:**

Cut a lid off each of the tomatoes. Using a teaspoon scoop out the inside to leave an edge of approximately 1 cm. Chop the tomato flesh finely. Prepare the courgette and cut it into cubes. Cut the mushrooms into slices. Peel and finely chop the shallots.

Heat the oil in a pan. Sauté the shallots. Add the courgette and mushrooms and sauté briefly. Add the rice, chopped tomato and bouillon and cook for 5 minutes. Cut the mozzarella into small dice. Add the mozzarella and parsley to the rice and season with salt and pepper. Stuff the tomatoes with the rice and put on the tomato lids. Place the tomatoes in a buttered baking dish.

- Time in the appliance: 15 minutes
- Shelf position: bottom glass

Turn the dish after half the cooking time has elapsed.

### 10.3 Potato courgette gratin

**Ingredients** for 2 people:

- 250 g potatoes
- 200 g courgettes
- salt
- freshly ground white pepper
- 130 g mixed grated cheese (e.g. pizza mix)
- 1 small tin anchovies, 60 g
- 1 clove of garlic, crushed
- 1 shallot, finely chopped
- 150 ml full cream
- fresh herbs (e.g. basil, marjoram, oregano, thyme) or seasoning mix
- a little olive oil

**Method:**

Peel potatoes and slice thinly.

Wash the courgettes and dry them carefully with kitchen towel. Cut into thin slices. Lightly grease a baking dish with olive oil.

Mix the potato and courgette slices together, and season with salt and pepper. Mix in 100 g cheese, the garlic and shallots and layer in the baking dish with the anchovies.

Mix the cream with the remaining cheese. Add the finely chopped herbs or seasoning mix. Mix carefully and spoon over the dish.

- Time in the appliance: 30 minutes
- Shelf position: 1

### 10.4 Cheese gratin

**Ingredients** for 3 people:

- 8 slices of white bread
- 100 ml white wine
- 1 onion, sliced into thin rings
- 100 g grated cheese (Gruyere or Alpine cheese)
- 400 ml milk
- 3 eggs
- salt
- freshly ground black pepper
- nutmeg, freshly grated
- 100 g diced bacon, smoked
- 40 g flakes of butter
- 1 bunch of chives

**Method:**

Cut the bread diagonally in both directions to create 32 triangles. Place alternate layers of bread and onion rings in a flat baking dish. Drizzle with white wine.

Whisk the cheese with the milk and eggs. Season to taste and pour over the bread. Spread the bacon evenly over the dish then sprinkle flakes of butter over the top.

Scatter the chives over the dish before serving.

- Time in the appliance: 30 minutes
- Shelf position: 1

### 10.5 Leek casserole

**Ingredients** for 2 – 3 people:

- 500 g leeks
- 250 g quark (half fat)
- 50 ml crème fraîche
- 1 egg
- 50 g cheese, grated, e.g. Parmesan
- 1 clove of garlic
- salt
- freshly ground black pepper
- 2 – 3 slices ham
- 1 heaped tablespoon breadcrumbs
- flakes of butter

**Method:**

Cut the leeks into 1 cm thick rings and cook in boiling salted water for 5 minutes. Pour off the water and drain well. Cut the ham into strips.

Stir the quark, crème fraîche, eggs and 2/3 of the cheese together. Crush the garlic into the mixture and stir it in. Finally add the leeks and ham. Season with salt and pepper. Put into a buttered baking dish immediately.

Mix the remaining cheese and breadcrumbs together and sprinkle over the dish. Sprinkle generously with flakes of butter.

- Time in the appliance: 40 minutes
- Shelf position: 1

### 10.6 Stuffed cannelloni

As a starter for 4 people

As a main course for 2 people

**Ingredients:**

- 1 onion, finely chopped
- 1 teaspoon margarine
- 1 clove of garlic
- 1 packet of frozen leaf spinach (300 g)
- 100 g grated cheese
- 1 tin tomatoes (400 g)
- 10 cannelloni tubes (uncooked)
- instant stock mix
- salt
- white pepper
- oregano
- paprika
- nutmeg

**Method:**

Sauté the onions in margarine in a pan. Add the frozen spinach and stir occasionally as the spinach melts. Continue cooking for approximately 5 minutes, season with 50 g grated cheese, white pepper, instant stock mix, crushed garlic clove and nutmeg. Bring to the boil and cook for 3 - 4 minutes. Fill the cannelloni with the mixture.

To make the tomato base, pour the contents of the tin into a long baking dish, crush the tomatoes using a fork, and season with salt, white pepper, oregano and paprika.

Position the stuffed cannelloni on the tomato base and sprinkle with the remaining cheese.

- Time in the appliance: 30 minutes
- Shelf position: 1

**10.7 Potato Gratin****Ingredients:**

- 1000 g potatoes
- 1 teaspoon each of salt, pepper and nutmeg
- 2 cloves of garlic
- 200 g grated cheese
- 200 ml milk
- 200 ml cream
- 4 tablespoons butter

**Method:**

Peel potatoes, slice thinly, dry and then season.

Rub an ovenproof baking dish with a clove of garlic and then grease the dish with a little butter.

Spread half of the seasoned potato slices in the dish and sprinkle some of the grated cheese over them. Layer the rest of the potato slices over this and spread the rest of the grated cheese on top.

Crush the second clove of garlic and beat it together with the milk and the cream. Pour the mixture over the potatoes and spread the rest of the butter in small knobs on the gratin.

- Time in the appliance: 45 minutes
- Shelf position: 1

**10.8 Vegetable spaetzle****Ingredients** for 2 people:

- 250 g fresh spaetzle
- 2 medium sticks celery, approximately 100 g
- 1 large carrot, approximately 150 g
- 1 tablespoon butter
- 50 ml bouillon
- 100 g plain cream cheese or cream cheese with herbs (e.g. Cantadou)
- salt
- freshly ground black pepper
- 1/2 bunch chives
- 30 g grated cheese, e.g. Sbrinz or Parmesan
- 100 ml single cream

**Method:**

Put the spaetzle into a buttered baking dish.

Prepare and dice the celery and carrot. Sauté briefly in butter in the frying pan. Add the bouillon, cover and cook the vegetables for 5 minutes. Remove the pan from the heat. Stir in the cream cheese. Season the vegetables with salt and pepper.

Pour the vegetable sauce over the spaetzle. Using scissors chop the chives over the dish. Sprinkle with the grated cheese and drizzle with cream.

- Time in the appliance: 12 minutes
- Shelf position: 2

## 10.9 Pasta Gratin

### Ingredients:

- 1 liter water
- salt
- 250 g tagliatelle
- 250 g cooked ham
- 20 g butter
- 1 bunch of parsley
- 1 onion
- 100 g butter
- 1 egg
- 250 ml milk
- salt, pepper and nutmeg
- 50 g grated Parmesan

### Method:

Bring water with a little salt to the boil. Put the tagliatelle into the boiling salted water and boil for about 12 minutes. Then drain.

Dice the ham.

Heat butter in a pan.

Chop parsley and peel the onion and chop this as well. Sweat both in the frying pan.

Grease a baking dish with a little butter. Mix tagliatelle, ham and sweated parsley and onions and put into the dish.

Mix egg and milk and season with salt, pepper and nutmeg and then pour onto the pasta mixture. Then distribute the Parmesan onto the dish.

- Time in the appliance: 45 minutes
- Shelf position: 2

## 10.10 Beef Casserole

### Ingredients:

- 600 g beef
- salt and pepper
- flour
- 10 g butter
- 1 onion
- 330 ml dark beer
- 2 teaspoons brown sugar
- 2 teaspoons tomato paste
- 500 ml beef stock

### Method:

Cut the beef into cubes, season with salt and pepper and sprinkle with a little flour.

Heat butter in a pan and brown the pieces of meat. Then place in a casserole dish.

Peel onion and chop finely, fry lightly in a little butter, then put in the dish on top of the meat.

Mix dark beer, brown sugar, tomato paste and beef stock, put into the frying pan and bring to the boil. Then pour over the meat (meat should be covered).

Cover and put into the appliance.

- Time in the appliance: 120 minutes
- Shelf position: 2

## 10.11 Lasagne

### Ingredients for the meat sauce:

- 100 g streaky bacon
- 1 onion
- 1 carrot
- 100 g celery
- 2 tablespoons olive oil
- 400 g mince (a mixture of beef and pork)
- 100 ml meat stock
- 1 small tin tomatoes, chopped (about 400 g)
- oregano, thyme, salt and pepper

### Ingredients for the Béchamel sauce:

- 75 g butter
- 50 g flour
- 600 ml milk
- salt, pepper and nutmeg

### Put together with:

- 3 tablespoons butter
- 250 g green lasagne
- 50 g Parmesan cheese, grated
- 50 g mild cheese, grated

### Method:

Using a sharp knife cut the bacon from the rind and gristle and cut into fine dice. Peel the onion and carrot, clean the celery, dice all vegetables finely.

Heat the oil in a casserole, sauté the bacon and the diced vegetables while stirring constantly.

Gradually add the mince, sauté while stirring constantly to break up and deglaze with the meat stock. Season the

meat sauce with tomato purée, the herbs, salt and pepper and simmer with the lid on over a low heat for about 30 minutes.

In the meantime prepare the Béchamel sauce: Melt the butter in a pan, add the flour and cook until golden, stirring constantly. Gradually pour in the milk, stirring constantly. Season the sauce with salt, pepper and nutmeg and simmer without a lid for about 10 minutes.

Grease a large rectangular ovenproof dish with 1 tablespoon of butter. Layer alternately a layer of pasta sheets, meat sauce, Béchamel sauce and mixed cheese in the dish. The last layer should be a layer of Béchamel sauce sprinkled with cheese. Place the rest of the butter in small knobs on the top of the dish.

- Time in the appliance: 55 minutes
- Shelf position: 2

## 10.12 Lasagne/Cannelloni, frozen

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

## 10.13 Moussaka (for 10 persons)

### Ingredients:

- 1 chopped onion
- olive oil
- 1.5 kg minced meat
- 1 tin chopped tomatoes (400 g)
- 50 g grated cheese
- 4 teaspoons breadcrumbs
- salt and pepper
- cinnamon
- 1 kg potatoes
- 1.5 kg aubergines
- butter for frying

### Ingredients for the Béchamel sauce:

- 75 g butter
- 50 g flour
- 600 ml milk
- salt, pepper and nutmeg

### Put together with:

- 150 g grated cheese
- 4 tablespoons breadcrumbs
- 50 g butter

### Method:

Sweat chopped onion in a little olive oil, then add the mince and cook stirring.

Add chopped tomatoes, grated Emmental and breadcrumbs, stir well and bring to the boil. Then season with salt, pepper and cinnamon and remove from the hotplate.

Peel the potatoes and cut into 1 cm thick slices, wash the aubergines and cut into 1 cm thick slices.

Dry all slices with kitchen paper. Then brown in a pan with lots of butter.

In the meantime prepare the Béchamel sauce: melt the butter in a pan, add the flour and cook until golden, stirring constantly. Gradually pour in the milk, stirring constantly. Season the sauce with salt, pepper and nutmeg and simmer without a lid for about 10 minutes.

Place the potato slices on the bottom of a greased baking dish, sprinkle with a little grated cheese. Place a layer of aubergines on top of this. On top of that put some of the mince mixture. On top of that put some of the Béchamel sauce.

Then do another layer of potatoes, followed by aubergines and then by mince mixture. The last layer should be Béchamel sauce. On the top distribute the rest of the cheese and the breadcrumbs. Melt the butter and pour over the top of the moussaka.

- Time in the appliance: 60 minutes
- Shelf position: 2

## 10.14 Franconian Dumpling Pan

### Ingredients:

- Approximately 1000 g turkey strips
- 1 small tin mushrooms (small heads)
- 500 g chopped onions
- 1 kg dumpling dough
- 400 g grated cheese
- 250 ml cream



**Method:**

Season the turkey strips with salt, pepper, paprika etc. Sauté the chopped onions. Drain the mushrooms thoroughly. Then mix together the meat, onions and mushrooms and put into an oven dish. Mix the dumpling dough and cheese together and put them on top of the turkey mixture. Then pour over the cream.

- Time in the appliance: 75 minutes
- Shelf position: 2

**10.15 French Fries**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**10.16 Hash Browns**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**10.17 Wedges/Croquettes**

The instructions regarding time and temperature are on the packaging. Follow the manufacturer's instructions.

**11. DESSERTS****11.1 Apricot cream**

**Ingredients** for 2 people:

- 250 g apricots
- 100 ml white wine
- 2 – 3 tablespoons sugar
- 150 g mascarpone or quark (cream cheese)
- 250 ml cream
- 2 tablespoons apricot liqueur or cherry brandy

**Method:**

Mix the apricots with the white wine and sugar in a bowl and select the Apricot Cream programme. Leave to cool.

Beat the apricot compote to blend it thoroughly or puree using a hand blender. Stir the mascarpone or quark into the puree one spoonful at a time.

Beat the cream until still and carefully stir into the apricot cream. Add apricot liqueur or cherry brandy to give the apricot crème a gentle scent.

Put the crème in a cool place.

- Time in the appliance: 6 minutes
- Shelf position: bottom glass

**After baking:**

Heat up the apricot jam and then spread on the cake using a brush; then leave to

cool. Mix together icing sugar, cinnamon and hot water; then spread on the cake. Then sprinkle flaked almonds immediately onto the glazed surface of the cake.

**11.2 Amaretto-peaches**

**Ingredients** for 2 people:

- 4 tinned peach halves
- 50 g amaretti
- 1 heaped tablespoon sugar (1)
- 1 tablespoon cocoa powder
- 1 tablespoon Vin Santo (Italian dessert wine) or Grand Marnier
- flakes of butter
- 100 ml crème fraîche
- 1 tablespoon sugar (2)

**Method:**

Drain the peaches well and place in a well buttered baking dish. Break up the amaretti biscuits and mix with the sugar (1) and cocoa powder. Add Vin Santo to form a thick paste. Shape into 4 balls and put into the peach halves.

Serve the warm peaches with crème fraîche sweetened with sugar (2).

- Time in the appliance: 4 minutes
- Shelf position: bottom glass





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